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Supplementary Information for

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Supplementary Information Text

Site and proxy selection

For the pan-African proxy moisture reconstruction during the Middle and Upper Pleistocene, we selected nine established marine and terrestrial sedimentary archives that meet a number of critical prerequisites: (i) the sites need to be sensitive to moisture changes on the African continent, (ii) sufficient age control must be provided, (iii) the proxy record must at least cover half of the investigated time period of the last ~620 kyr, and (iv) the temporal data resolution should be <5 kyrs to provide sufficient data points for further statistical analysis. We retained the published age model of each individual record as well as their initial proxy record interpretation. The proxy records on their individual age models are shown in Figure S1 as well as site details and proxy explanation are provided in Table S1.

Effect of El Niño/La Niña induced Walker Circulation changes on African precipitation

During El Niño (positive ENSO phase), warming of the eastern and central equatorial Pacific causes ascending motion over the central and eastern Pacific and subsidence over Indonesia (see Fig. 1 in the main text) (1). Over the Indian Ocean this atmospheric configuration leads to a weakening or even reversal of the westerlies initiating pooling of warm water in its northwestern part (positive Indian Ocean Dipole phase). As a consequence, eastern Africa experiences increasingly humid conditions due to the adjacent strong convection over the northwestern Indian Ocean. Increased descending mass fluxes on the western side of the African continent at the same time suppress convection and hence cause aridity over its southern parts (see Fig. 1 in the main text) (1). While El Niño is typically initiated during boreal winter over the Indo-Pacific realm, it incites a lagged response during the subsequent spring-summer over the Atlantic Ocean where intensified trade winds cause the development of a cold tongue of upwelling water along the western African shore (see Fig. 1 in the main text; Atlantic Niño) (2). In combination with the dominant subsidence in western Africa, the reduced evaporation over the cooled eastern equatorial Atlantic increases aridity across southern Africa in boreal winter and in addition the Sahel Zone during boreal summer. In phase with the above discussed alterations of the Walker Circulation (WC), the Hadley Circulation (HC) – which transports moisture latitudinally - also weakens in both hemispheres due to reduced moisture ascension in the African tropics (1). The lack of moisture transport through the HC towards the subtropics adds to the drier conditions under El Niño conditions in south and northwestern Africa in the respective hemisphere summer. During La Niña conditions (negative ENSO phase), the entire system reverses from the El Niño scenario (see Fig. 1 in the main text) leading to the development of a negative Indian Ocean Dipole and Atlantic Niña phase (1). In addition to the outlined mechanism the interferences between WC also causes precipitation anomalies during the subsequent summer month which can regionally vary from the winter counterparts. An example is ENSO interference with the Congo Air Boundary which leads during the summer months also to additional rainfall in western Africa from the Sahel to the Congo basin (1). Although ENSO variability most strongly affects the “short rain season during the winter months it nevertheless shifts the yearly precipitation budget of these regions to generally wetter or drier conditions relative to non-El Niño years (3, 4). Hence, the temporal changes in precipitation anomalies during the “long rain” season relative to the “short rain” season does not significantly contribute to the overall annual budget change observed during strong ENSO years.

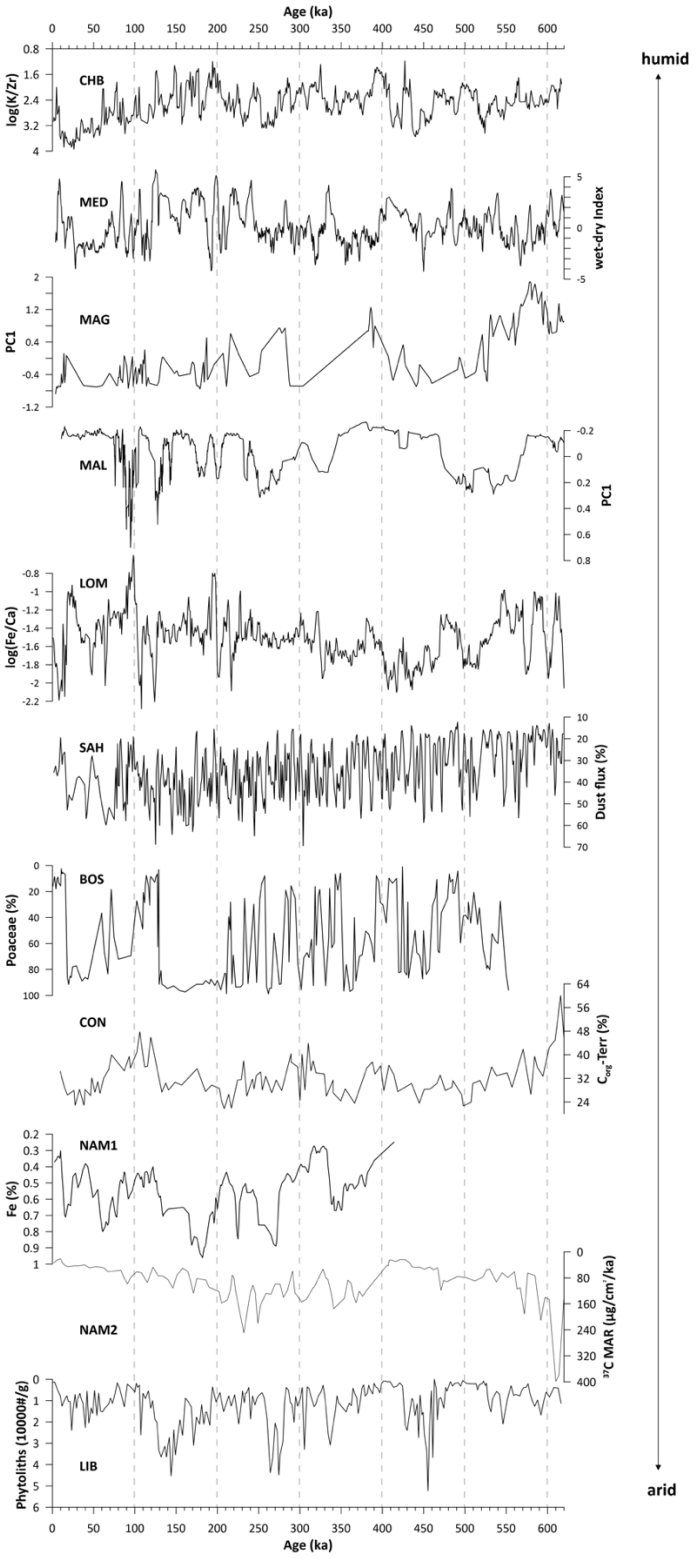

Fig. S1. Overview of the proxy records used for the analysis of pan-African climate change during the last ~620 kyr. All original data sets are presented using their original, published age models. Abbreviations and respective references are listed in Table S1.

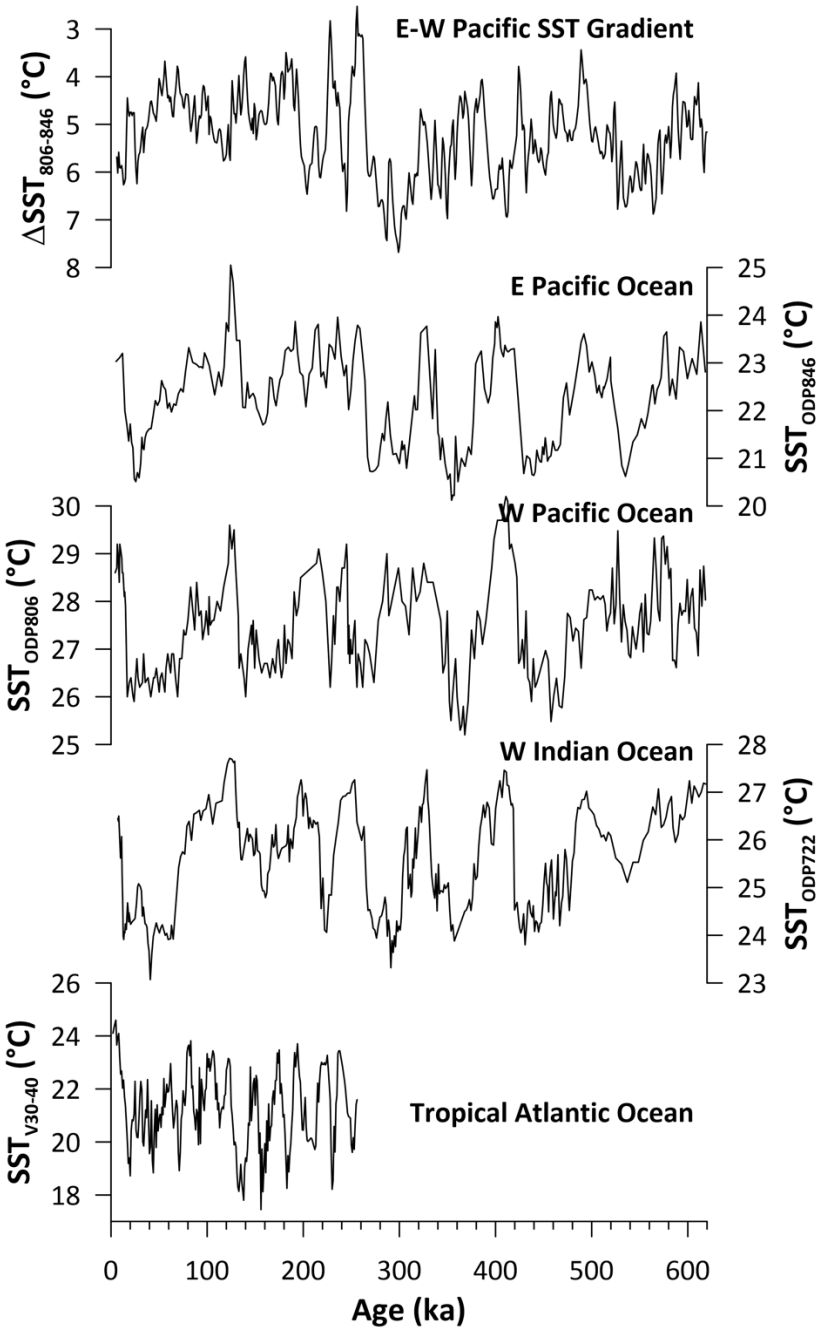

Fig. S2. Overview of the sea-surface temperature (SST) records used for the analysis of El Niño-Southern Oscillation/Walker Circulation changes. All original data sets are presented on their individual age model. Coordinates and respective references are listed in Table S2.

Table S1. Coordinates of African Sites and proxy records used in this study. * denotes marine sediment cores; † denotes terrestrial sediment cores.

Region	Core	Lon (E)	Lat (N)	Age (ka)	Proxy	Proxy interpretation	Reference
MED	ODP967*	29° 39.15'	34° 51.84'	4-620	XRF-based wet-dry index	wet >0 high Nile river run-off; dry <0 low Nile river run-off	(5)
CHB	HSPDP-CHB14-2†	36° 05.00'	4° 01.00'	1-620	log(K/Zr)	wet: high log(K/Zr) values; dry: low log(K/Zr) values	(6)
MAG	HSPDP-MAG14-2A†	36° 16.76'	-01° 51.09'	4-620	Pollen	wet: high PCA1 values of pollen assemblage indicating woodland biome; dry: low PCA1 values of pollen assemblage indicating savannah biome	(7)
MAL	HSDSP-MAL05-1†	34° 24.00'	-11° 12.00'	12-620	PC1	wet: high Lake level; dry low lake level	(8)
LOM	MD96-2048*	34° 01.00'	-26° 10.00'	1-620	log(Fe/Ca)	wet: high terrestrial input via Limpopo river (high Fe/Ca); dry: low terrestrial input via Limpopo river (low Fe/Ca)	(9)
SAH	ODP659*	-21° 01.57'	18° 04.63'	2-620	Dust	Wet: less dust input into the Atlantic Ocean; dry: more dust input into the Atlantic Ocean	(10)
BOS	BOS04-5B†	-1° 02.50'	6° 30.00'	1-552	Poaceae	wet: high Poaceae percentages indicating woodland biome; dry: low Poaceae percentages indicating savannah biome	(11)
CON	ODP1075*	10° 04.98'	-04° 47.11'	9-620	C_{org} -Terr	wet: increased terrigenous organic matter supply by the Congo river to the Congo fan region; dry: decreased terrigenous organic matter supply by the Congo river to the Congo fan region	(12)
NAM 1	GeoB1028-5*	9°11.15'	-20°06.24'	3-413	Fe	wet: low Fe-input through dust plumes into the Atlantic Ocean (Low Fe); dry: high Fe-input through dust plumes into the Atlantic Ocean	(13)
NAM 2	ODP1082*	11° 49.23'	-21° 05.65'	2-620	C^{37} MAR	wet: low off-shore productivity (low C^{37} MAR) due to low coastal upwelling. The warm SST resulting from the lack of cold-water upwelling lead increased humidity transport into the Namib region; dry: high off-shore productivity (high C^{37} MAR) due to high coastal upwelling. The cold SST due to upwelling lead to drought and desertification of Namib region.	(14)
LIB	ODP663*	-11° 52.71'	-1°11.82'	0-620	Phytoliths	Wet: low phytolith concentrations indicate decreased aeolian transport and wetter hinterland conditions; dry: low phytolith concentrations indicate increased aeolian transport and wetter hinterland conditions	(15)

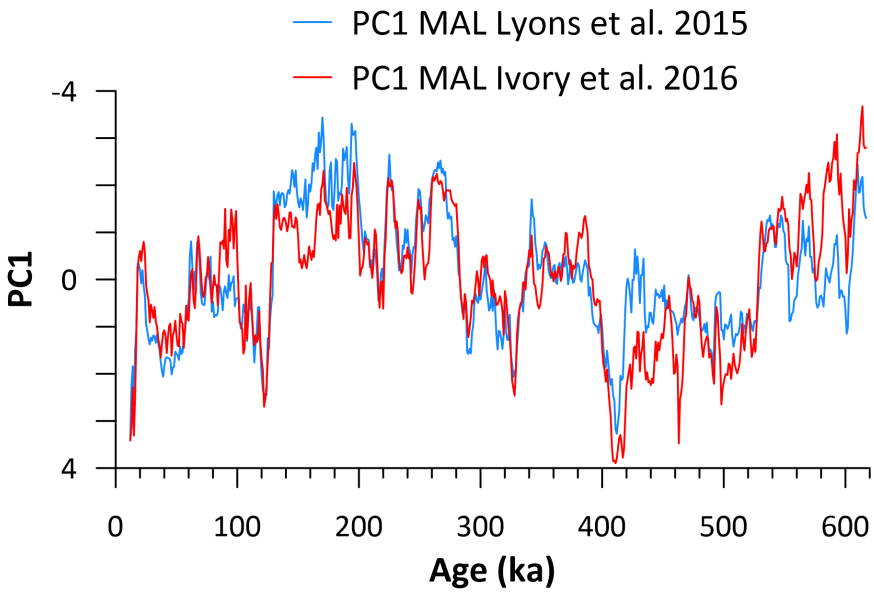

Fig. S3. Comparison of PC1 derived from the piecewise PCA (pwPCA; see methods in main text) of eleven pan-African proxy records using different age models for MAL (see Table S2 for site details). The preferred age model in this study follows (7).

Table S2. Coordinates of sea-surface temperature (SST) records used for the analysis of El Niño-Southern Oscillation/Walker Circulation changes.

Site	Lon (E)	Lat (N)	Reference
ODP 846	-90°49.09'	-3°05.70'	(16)
ODP 806	159°21.66'	0°19.11'	(17)
ODP 722	59°47.71'	16°37.30'	(16)
V30-40	0°12.00'	-23°09.00'	(18)

Table S3. Median calculation of all proxy records used in this study. See Table S1 for site location according to abbreviation. red = arid conditions; blue = humid conditions.

	CHB	MED	MAG	MAL	LOM	SAH	BOS	LIB	CON	NAM1	NAM2
Cut-off	1.09	0.07	-0.04	0.09	-1.49	-1.35	57.75	-1.07	30.29	-0.29	78.96
Phase IV	1.36	-0.91	-0.05	0.15	-1.42	-3.43	20.69	-0.69	30.29	-0.30	46.73
Phase III	1.07	1.12	-0.03	0.03	-1.44	1.72	90.92	-1.81	29.17	-0.21	109.42
Phase II	1.10	-0.10	-0.59	0.09	-1.64	-0.80	49.96	-0.94	32.15	-0.35	78.82

Table S4. Overview of key hominin fossil findings of mid to late Pleistocene age referenced in Figure 3 of the main text.

Location	Age (ka)	References
Bodo D'ar, Ethiopia	600	(19)
Kapthurin Formation, Kenya	509 – 543 (510 - 512)	(20)
Ndutu, Lake Ndutu, Tanzania	490 – 780	(21, 22)
Lainyamok, Kenya	393-300	(23)
Broken Hill, Kabwe 1, Zambia	299 ±25	(24–26)
Cave of Hearth, RSA	200 – 500	(27, 28)
Sidi Abderrahman, La Grottes de Littorine, Morocco	~ 375	(29)
Cameroon	~ 338 (237 – 581)	(30)
Jebel Irhoud, Morocco	315 ± 14	(31, 32)
Dinaledi Chamber, Rising Star Cave System, RSA	236 – 335	(33, 34)
Hoedjiespunt 1, RSA	200 – 300 (125 – 770)	(28, 35)
Florisbad, RSA	224 – 294 (age questioned by Berger & Hawks)	(36–38)
Gawis Cranium, Awash River, Ethiopia	300-500	(39)
Omo Kibish I, II & III, Ethiopia	195 ± 5	(36, 40)
Guomde, East Turkana, Kenya	> 180	(36, 41–43)
Rabat (Kebibat), Morocco	late Middle Pleistocene (125-400)	(36, 44)
Eliye Springs, Kenya	late Middle Pleistocene (125-400)	(36, 45, 46)
El Aliya & Témara, Morocco	Aterian MIS6 (130-190)	(36)
Herto 1 & 2, Ethiopia	154 – 160	(47–50)
Singa, Sudan	131-135	(36, 51–54)
Pinnacle Point 13b, RSA	90 – 100 90 – 162	(55, 56)
Mumba, Tanzania	110 – 130	(57)
Lake Eyasi, Tanzania	88-130	(36, 58, 59)

Grottes de Contrebandiers, Morocco	80-130	(36, 60)
Ysterfontein 1, RSA	71 – 105 50 – 130	(55, 56, 61)
Blind River, RSA	112 – 124	(28, 56)
Ngaloba, Laetoli, Tanzania	120 ± 30	(36, 62–65)
Dar-es-Soltan II 5, Morocco	> 110?	(36, 66, 67)
Klasies River Mouth, RSA	100 ± 25 85 – 110	(21, 36, 56)
Witkrans, RSA	86 – 103 (50 – 100)	(28, 56, 68)
Sea Harvest, RSA	85 – 95 (71 – 110)	(28, 56, 69)
Middle Awash, Bouri & Aduma, Ethiopia	79 - 105	(70)
Equus Cave, RSA	30 – 103	(56, 71)
Plovers Lake, RSA	62.9 – 88.7 62 – 89	(55, 56)
Die Kelders, Cave 1, RSA	59 – 74	(56, 72)
Taramsa Hill, Egypt	50 – 80	(36, 73, 74)
Border Cave, RSA	61 – 72 71 – 91 152 – 171?	(36, 75)
Klipdrift Shelter, RSA	60 – 65 (52 – 72)	(55, 56)
Haua Fteah, Libya	70	(36, 76)
Blombos Cave, RSA	100 - 94 65 – 70 70 – 102	(28, 56, 77)
Sibudu, RSA	64 – 77	(55, 56)
Diepkloof Rock Shelter, RSA	58 – 61	(55, 56)
Ndutu, OH 83, Tanzania	32-60	(78)
Hofmeyer, RSA	36	(79)

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